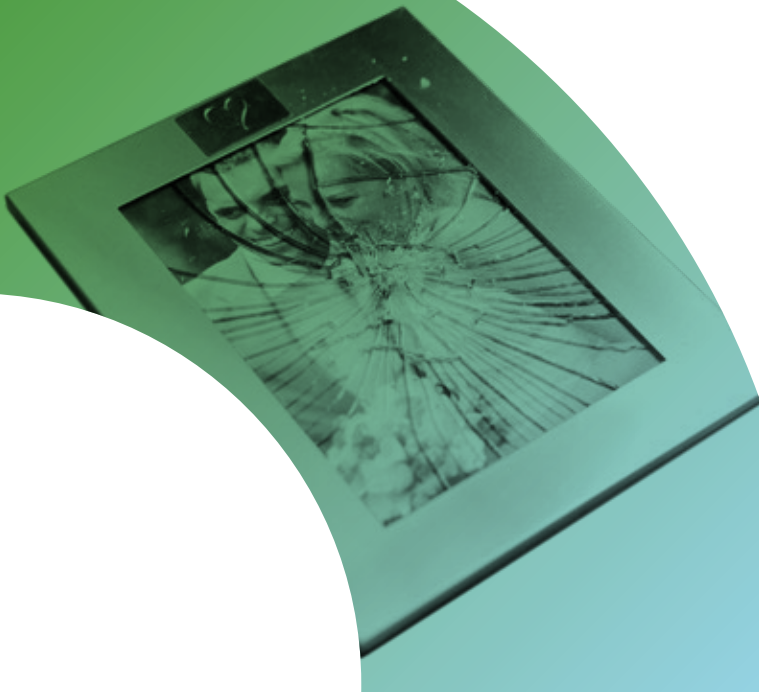


Divorce

Coping with a relationship breakdown

In the UK, over 42% of marriages fail. That's 120,000 couples getting divorced every year, affecting over 100,000 children under the age of 16. If you're facing this reality, how can you make it as stress free as possible? Here's a few thoughts...



Points to consider

1

Do you really want to get divorced?

Divorce can be traumatic. Research indicates that half of people in low conflict marriages were more unhappy afterwards.

2

Plan things carefully

Try and prepare together. Tell your children in a civil and united manner.

3

Consider your children first

Focus on your children's needs, not your own. It'll be a very difficult time for them.

4

Keep communication open

It's important you speak to each other and stay on good terms. It's better for everyone and helps keep costs down.

5

Choose a lawyer carefully and seek advice early

Look for a lawyer who is committed to a non-confrontational approach.

We have offices in Barnstaple, Dartmouth, Exeter, Newton Abbot and Torquay.
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